



2024

A YEAR FOR BETTER EMOTIONAL HEALTH

EMOTIONAL WELLBEING CAN MAKE A
BIG DIFFERENCE TO CHILDREN'S
PROSPECTS IN SCHOOL AND BEYOND

In Northern Ireland, we believe in supporting children's emotional health development, and that's why we've invested in online courses in understanding your child for parents. So you can have **FREE ACCESS**.

By understanding how your child's brain develops and responds emotionally, you can better support their needs as they navigate the big milestones in school.



- Learn to better read and understand behaviour
- Help them to communicate how they feel
- Gain psychologist-informed ideas to support your child



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AND ENTER THE CODE NIFAMILIES
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